



## What is a Center for Independent Living (CIL)?

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# Life

A Center for Independent Living

# LINC

EMPOWERING INDEPENDENCE





# What we'll be talking about today...

## What is a Center for Independent Living?

- A Movement
- A Philosophy
- A Program

## What services do CILs provide?

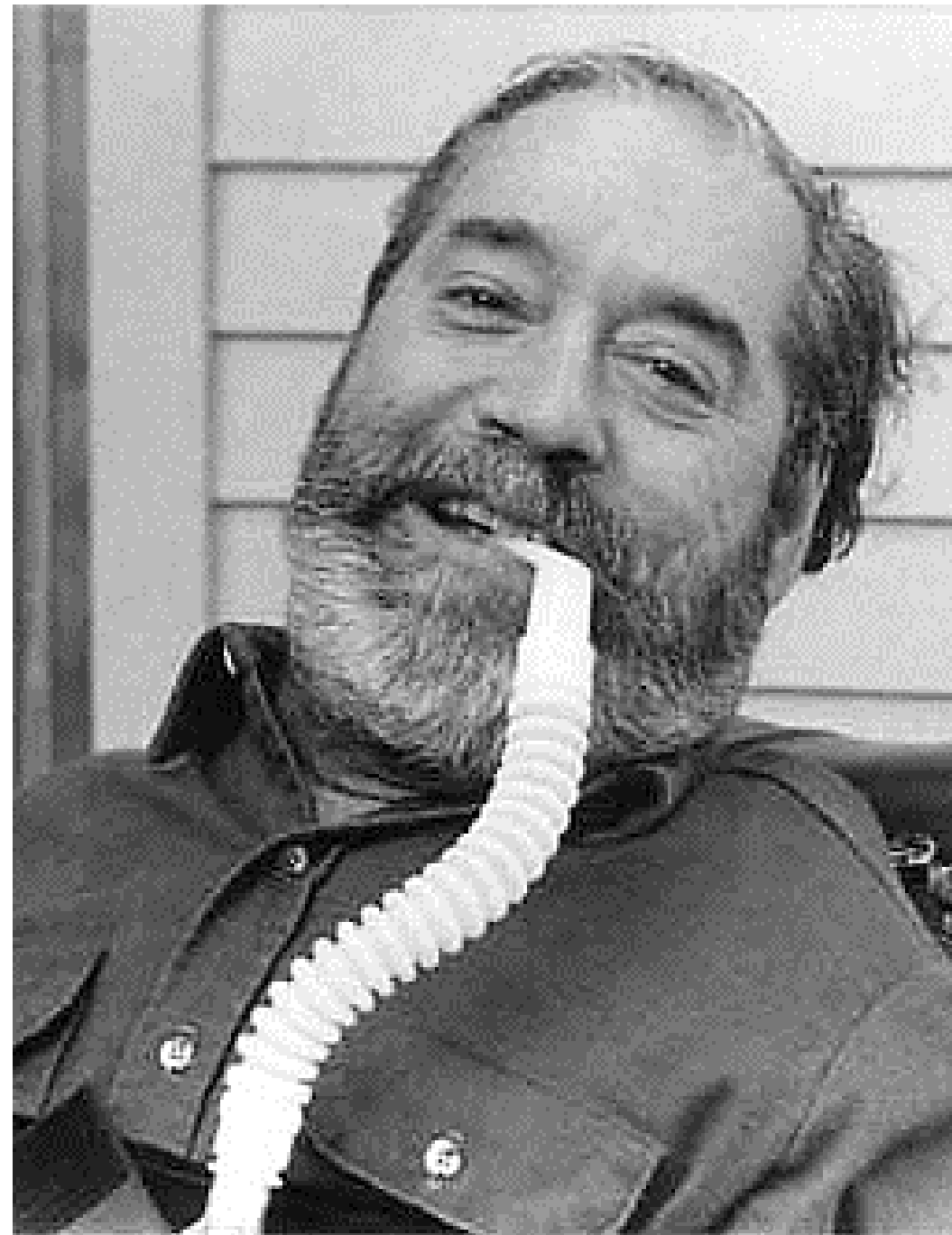
- Who We Serve
- Five Core Services
- Additional Local Services

## Independent Living in Idaho

- SILC
- DAC-NW
- LIFE
- LINC

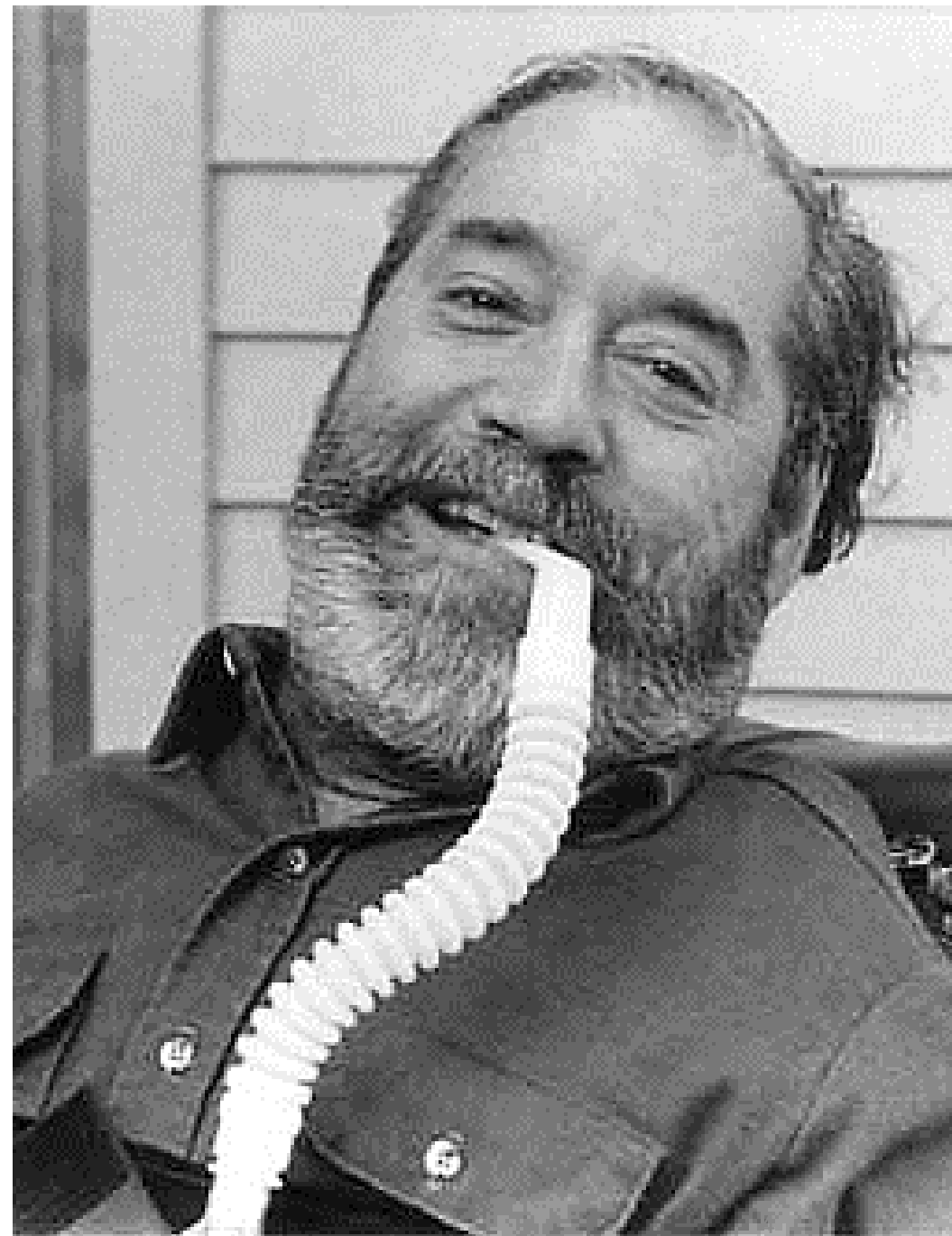
# What is a Center for Independent Living (CIL)?

- A Philosophy
- A Movement
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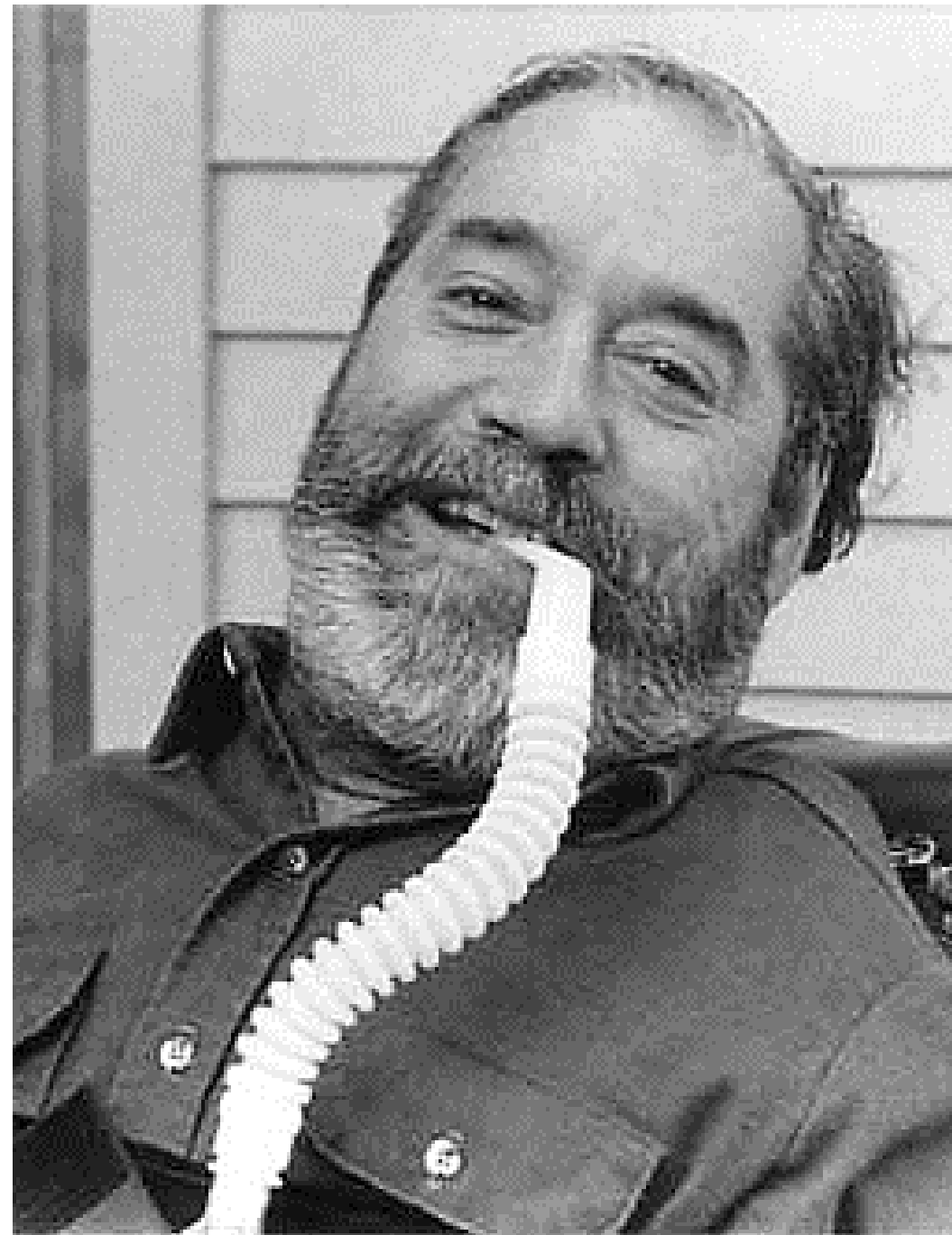
# Independent Living is a movement

- History of disability
- The 1960s – a time for change
- Ed Roberts, the “father” of independent living



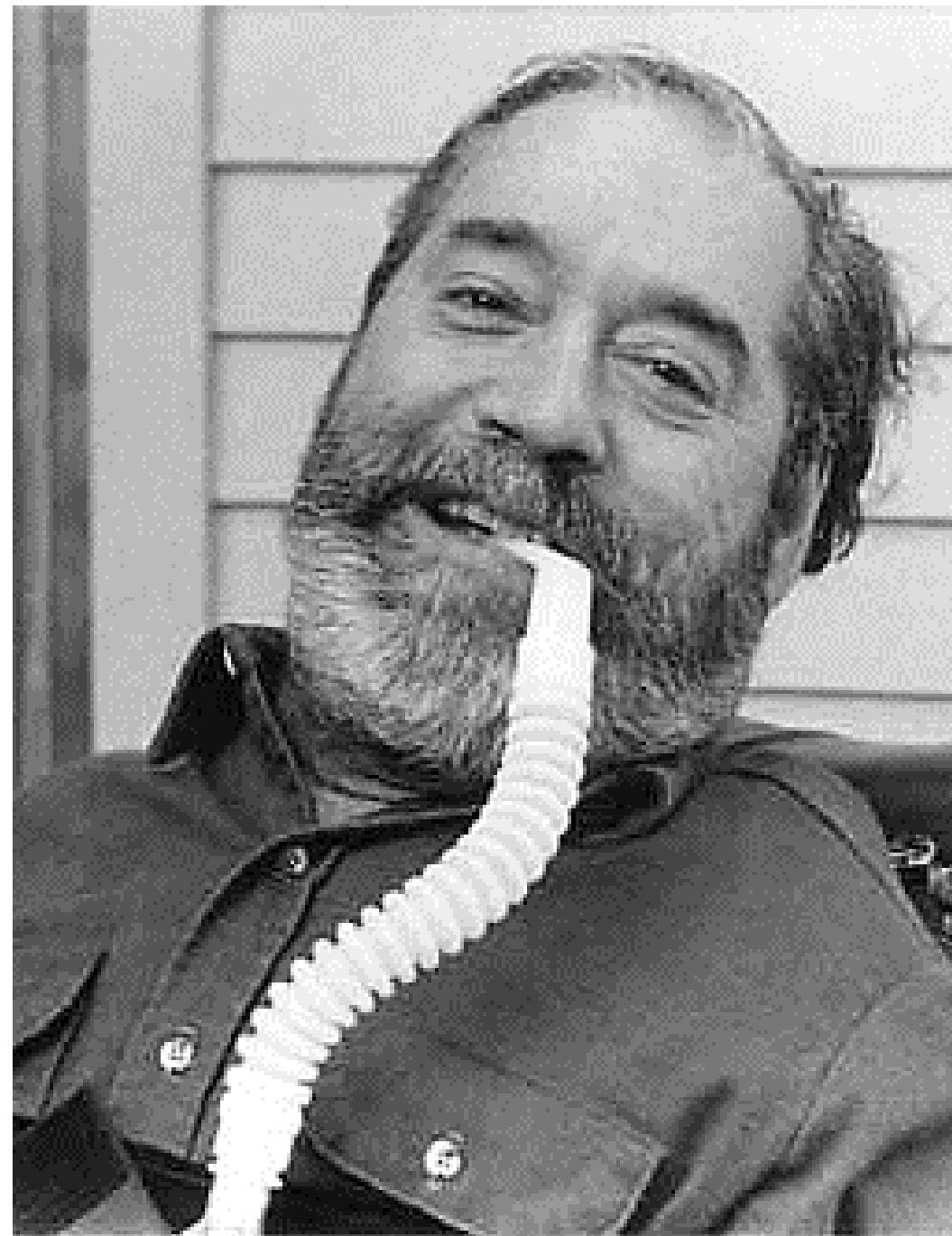
# What is the independent living philosophy?

*It is the belief that people with disabilities across the lifespan can and do have the right to community living and independence. We believe that all people can live with dignity, make their own choices, and participate fully in society.*



## A Program – Centers for Independent Living (CILs)

*A center for independent living is just that – a local organization run by people with disabilities for people with disabilities in local communities.*





# What services do CILs provide?

- Who We Serve
- Five Core Services
- Additional Local Services



# Who We Serve

Across the lifespan

All types of disabilities

Our information and referral services are free to everyone

Most services are free or at a discounted cost  
For most services, you do need to have a disability, but there are no minimum qualifications for our services

*The consumer is the one in control of how and when they receive services*





# Five Core Services

- Information and Referral
- Peer Support
- Individual and Systems Advocacy
- Independent Living Skills Training
- Adult and Youth Transitions



## Additional Local Services

*Not all of these services are provided at every CIL*

- Personal Attendant Care Services (available through all three centers)
- Equipment Loan Program
- Transportation Card (Magic Valley only)
- Temporary Ramp Rentals
- Assistive Technology Loans

# Independent Living in Idaho



The Idaho State Independent Living Council (SILC) actively engages in activities that help provide Idahoans with disabilities a greater voice in obtaining services that are consumer responsive, cost effective and community based.

Serves all of Idaho through the CILs.  
<https://silc.idaho.gov/>



# Independent Living in Idaho



Independent Living is a philosophy and a movement of people with disabilities who work for self-determination, equal opportunities and self-respect. Independent Living does not mean that we want to do everything by ourselves or that we want to live in isolation.

Serves Northern Idaho. <https://dacnw.org/>



# Independent Living in Idaho



Our mission at Life, is to empower people with disabilities to manage their own lives, make their own choices, and give them the information and knowledge to assist them to live with independence.

Serves Eastern Idaho. <https://idlife.org/>



# Independent Living in Idaho



Empowering people with disabilities to achieve our desired level of independence.

Serves Southwestern Idaho.  
<https://www.lincidaho.org/>





Thank you!