

Respite: Where Can I Find it?



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Respite Services

Respite provides breaks for unpaid individuals living with and caring full-time for loved ones or providing care multiple times a day for a person with memory issues. Your local Area Agency on Aging may cover the cost of different types of respite services.

Area Agency on Aging Services

Home delivered Meals

- ❖ Provides meals for each qualified person.
- ❖ Applicants must be homebound, 60 or older, frail (physical or cognitive deficits, and unable to independently prepare meals.
- ❖ Meals are provided at no charge, however, donations are vital to supporting the program.
- ❖ Caregiver over 55, caring for an eligible client receiving meals.

Area Agency on Aging Services

Homemaker Services (light housekeeping)

- ❖ Changing linens
- ❖ Assisting with laundry
- ❖ Cleaning bathroom & kitchen
- ❖ Cleaning floors & dusting
- ❖ Taking out the trash
- ❖ Applicants must be age 60 or older and have physical or cognitive deficits that prevent them from performing basic cleaning activities.
- ❖ Sliding fee scale for services

Caregiver Respite

Types of respite that may be available to you include:

- ◆ **Informal Respite**
 - ◆ Volunteer Programs
 - ◆ Family
 - ◆ Friends
 - ◆ Faith-based
 - ◆ Parent or other community cooperatives

Caregiver Respite

Types of respite that may be available to you include:

- ❖ **In-Home Respite**
 - ❖ Agency that provides a few hours of care in the home.
 - ❖ Allows for the care recipient to stay in the home.
 - ❖ Giving the caregiver the ability to get out of the home.

Caregiver Respite

Types of respite that may be available to you include:

- ❖ **Adult Day Respite**
 - ❖ Allows for out of the home care
 - ❖ Allowing the care recipient to socially engage with others
 - ❖ Planned activities

Caregiver Respite

Types of respite that may be available to you include:

- ❖ Senior Companion Respite
 - ❖ Volunteer program
 - ❖ Companionship
 - ❖ Play games, watch TV,

Caregiver Respite

Types of respite that may be available to you include:

- ❖ Facility Respite
 - ❖ Private pay
 - ❖ Available Bed
 - ❖ Extended services

Caregiver Respite

Types of respite that may be available to you include:

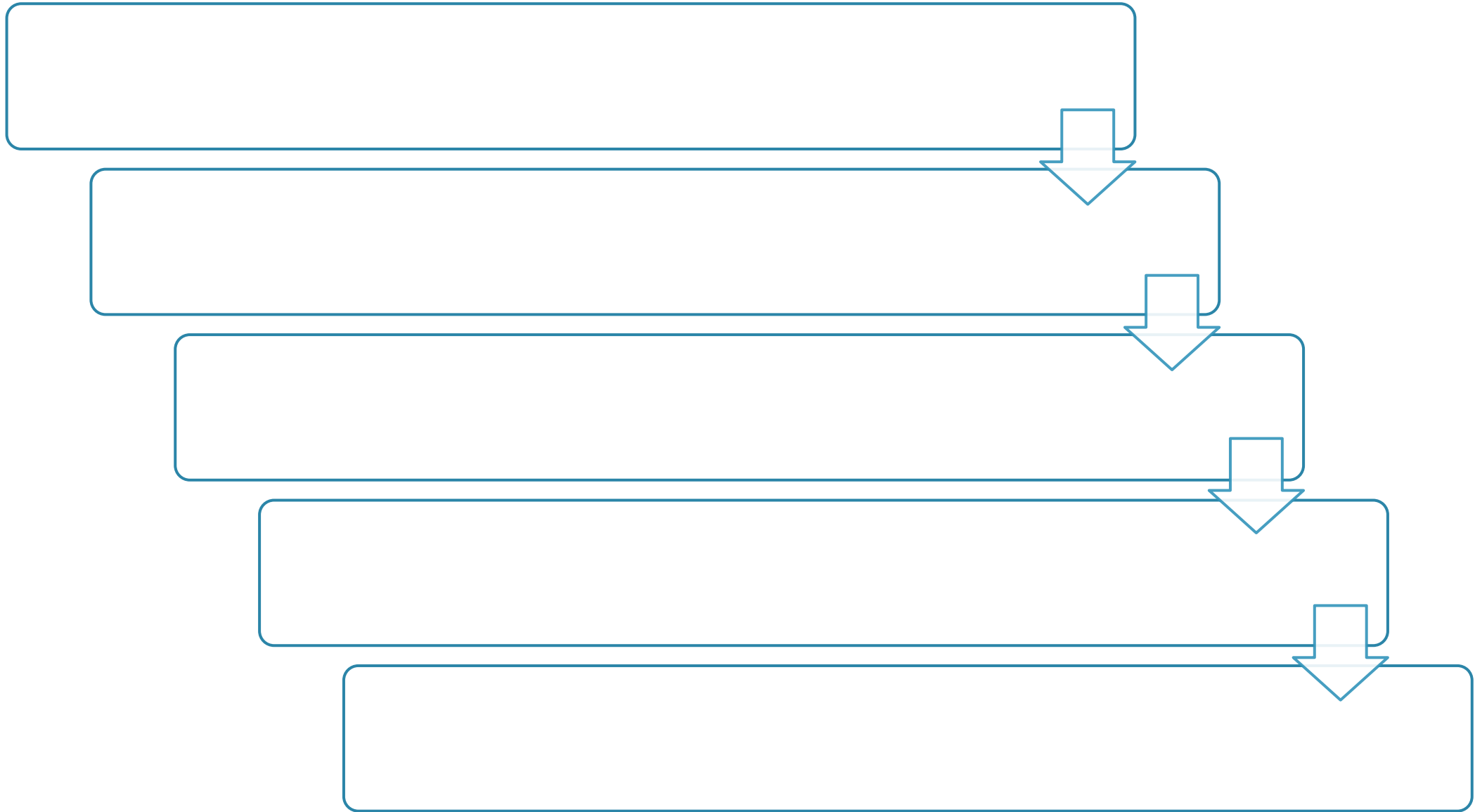
- ❖ **Consumer Directed Respite**
- ❖ **Reimbursement Program**
- ❖ **Allows for choice**
- ❖ **Family, friend, neighbor**

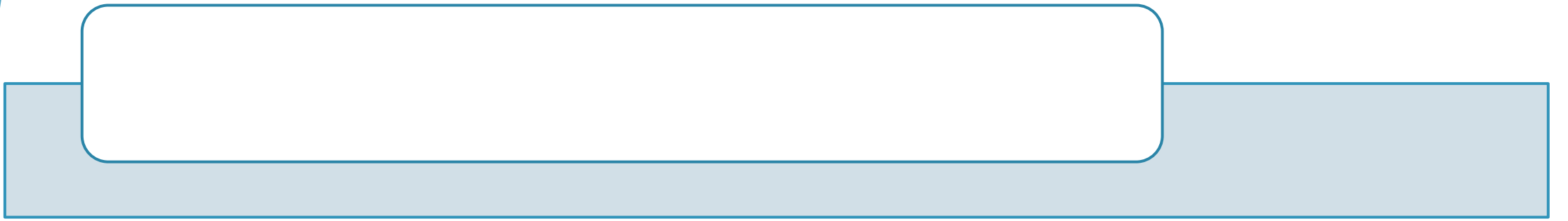
Respite Resources

- ❖ Local Respite Care/In-Home Care Agencies
- ❖ Hospice
- ❖ Idaho Medicaid-Home and Community Based Waivers/Aged and Disabled Waiver
- ❖ Veteran's Administration-VA Caregiver Support Programs
- ❖ Long Term Care Insurance

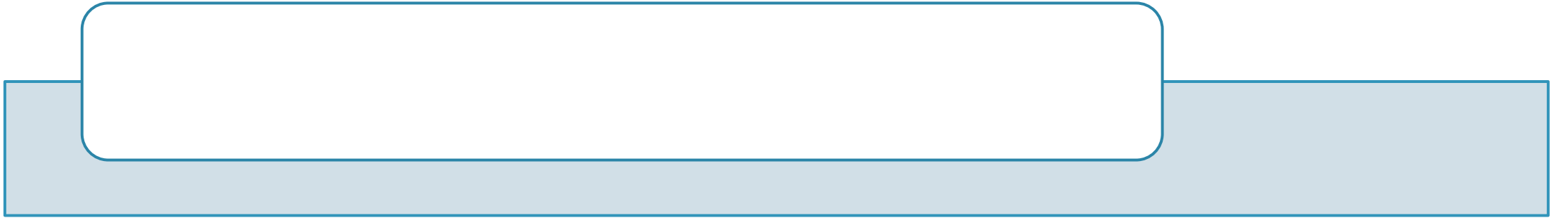


The Community Care Program is a statewide network of advocates that supports unpaid caregivers who are caring for an individual with memory concerns, dementia, and Alzheimer's.

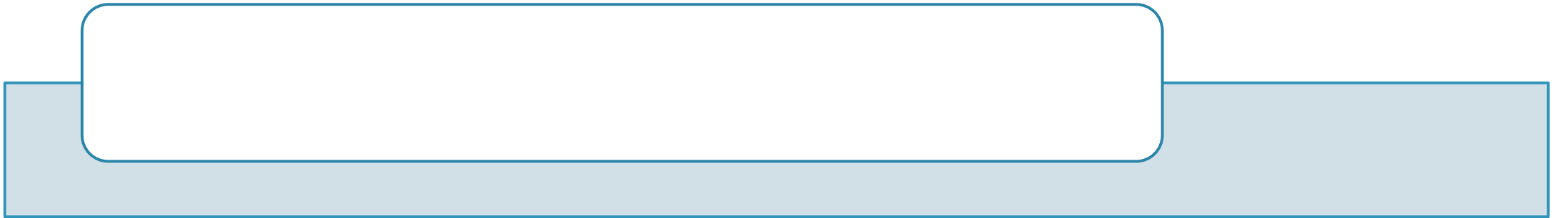




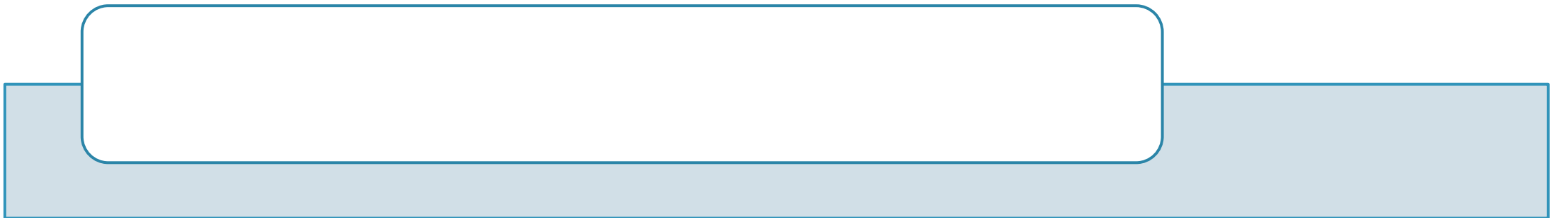
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SWIA3 Kinship Caregivers & Respite Services

- ▶ Grandparents and relatives raising kinship children.
- ▶ Consumer Directed Program
- ▶ *Counties: Ada, Adams, Boise, Canyon, Elmore, Gem, Owyhee, Payette, Valley, Washington.*
- ▶ Eligibility requirements:
 - ▶ A relative caregiver aged 55 or older who lives with and is the primary caregiver for a child 18 or younger.
 - ▶ No other organization or entity is providing or covering the cost of respite services.
 - ▶ Relative child resides in the same household





Area 1-Benewah, Boundary, Bonner, Kootenai, Shoshone

1-208-667-3179 or 1-800-786-5536

Area 2-Clearwater, Idaho, Latah, Lewis, Nez Perce

1-208-743-5580 or 1-800-877-3206

Area 3-Ada, Adams, Boise, Canyon, Elmore, Gem, Owyhee, Payette, Valley, Washington

1-208-898-7060 or 1-844-850-2883

Area 4-Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, Twin Falls

1-208-736-2122 or 1-800-574-8656

Area 5-Bannock, Bear Lake, Bingham, Caribou, Franklin, Oneida, Power

1-208-233-4032 or 1-800-526-8129

Area 6-Bonneville, Butte, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, Teton

1-208-522-5391 or 1-800-632-4813