



# 2025 ICA Family Caregiver Conference



## *Power of Care: Strength in Community*

The ICA hosted two Caregiver Conferences: one virtual and one Hispanic in-person conference. These events provided an opportunity for family caregivers of all ages to learn, visit, and celebrate with other individuals who provide care for a family member, friend, or neighbor.

### Virtual Conference - February 22, 2025



**29**  
**Speakers**



**216**  
**Conference Attendees**



**15**  
**Presentations**

### Hispanic Conference - March 19, 2025



**11**  
**Speakers**



**60**  
**Conference Attendees**



**3**  
**Presentations**



**Respite for 13 children/care receivers**

A satisfaction survey was distributed to all attendees after the events. The survey response rate for the virtual conference was 74% and 43% for the Hispanic conference.

# Results from Virtual Conference

## Attendees Testimonials



“I was impressed with the excellent quality of organization, presentation, and materials that were provided. Well done!”

“I liked the sessions on laughter, improv-- this kind of easy to implement info for caregivers feels refreshing.”

“I have been attending this conference for several years, I am always impressed with the topics and the speakers.”

## Satisfaction and Reach of Conference

**Plan to attend conference next year** 99%

**Would recommend to others** 97%

**Satisfied with section topics** 88%

**Participants who are caregivers** 96%



## Planning for Future

Top three topics identified by attendees for future events.

1

### System Navigation

Certified Family Homes (CFH), training, & waiver programs

2

### Caregiving Support

Dementia care, mental health and intellectual disabilities, & transition planning

3

### Well-Being & Advocacy

Self-care, financial stressors, & support networks

Check out the [ICA website](#) for future events!

## Attendees Testimonials



“It was a beautiful experience, and I will come back as many times as I can.”



“I enjoyed all of the information and learning that there is support.”



“Very good. For me, it helped to know who to call and who to ask.”

## Satisfaction and Reach of Conference

Plan to attend conference next year  100%

Would recommend to others  100%

Satisfied with section topics  92%

Participants who are caregivers  92%

## Planning for Future

Top three topics identified by attendees for future events.

1

### Mental Health

Self-care  
& therapy services

2

### Financial Support

Financial aid  
& insurance  
coverage

3

### Programs specific to this population

Caregiving education  
& support for  
children with  
disabilities

Check out the [ICA Spanish page](#) for future events!



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Stay Tuned for Future ICA Events - [idahocaregiveralliance.com](http://idahocaregiveralliance.com)